

# How do people express their faith through the arts?

Learning Objective:

To recognise that expressing faith involves feelings and emotions.

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How many ways of showing emotion are there?

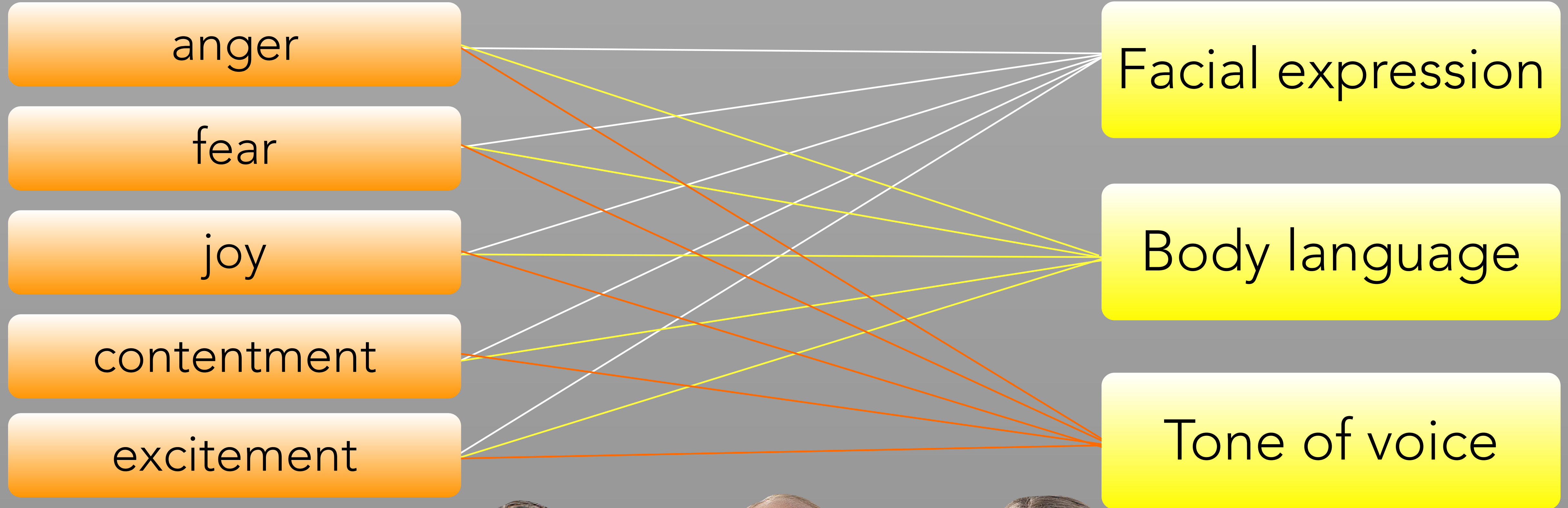
How can you tell what a person is feeling?



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# How many of these emotions can you act out using each different form of expression?



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**Watch this clip from a dance sequence.  
What emotions do you think are being portrayed?**



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People like to express their feelings in lots of different ways. Some people express how they feel by writing things down, either as stories, poetry or in a diary. Others like to draw or paint pictures, create sculptures, choreograph dances or write songs.

Why do you think religious people might choose to show their religious ideas and beliefs using some of these forms of expression?

Discuss your ideas with a partner.



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There are lots of different reasons why people choose to express their religious beliefs through the arts. For some people, writing poetry or painting a picture is a good way to focus on a difficult concept or idea and try and make sense of it. Others want to show the rest of the world how they feel about their religion. But mostly, people want to use their talents for art, dance, music or drama as a form of worship and as another way to show how they feel about God.



Have you ever felt that there was something you could not express in words that you could express in some other way?

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